



The Lakes Life

Volume 1, Issue 4

A Newsletter Covering Life In The Lakes

October, 2023



Fabulous Fall

By Elise Ross

Autumn in Florida is upon us. Days are getting a bit cooler and shorter. I can now enjoy an early morning walk and not return home a “wilted Lily.” It means I can dust off my hiking shoes & sticks and sign up for a few guided St. Lucie County Hikes at one of our serene preserves. Also, football is once again on TV Sunday afternoons! As a New Englander at heart, I cheer for the Patriots while John’s team is the Chicago Bears.

Fall also means welcoming our snowbird neighbors back. I’m anxious to reconnect with my golf and bocce friends and fellow Mah Jongg players. But, I also look forward to meeting new neighbors at one of the other games played at our Clubhouse. Kim’s Puzzle this month highlights many of them. Beginner’s are always welcome.

This month the Communications Committee hopes you enjoy the first “Pet Profile” column. “Our Favorite Recipes” has received positive responses. And always feel free to contact me anytime at: newseditorlathoa@gmail.com with your thoughts or ideas or perhaps a short recipe of your own to share.



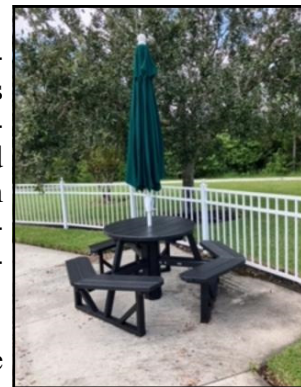
Board Approves Reserve Study

By Tom Klein

The repainting of our homes & repaving of our streets are two very expensive projects being planned for over the next several years. With that in mind, our Board of Directors wanted to have a new, updated, professionally done Reserve Study to better understand with more confidence whether we are on track to have enough monies in that Reserve ‘savings’ Fund to cover both of these upcoming projects when that time comes.

So, at its September 20th meeting, the Board of Directors awarded Association Reserve Inc. a contract to perform an updated Reserve Study of our community. Their engineers should begin conducting inspections of the community’s infrastructure in October and it should take them about 4-6 weeks to complete their study.

A new table along with an umbrella and accompanying benches was purchased and has now been installed at the Children’s Playground for parents use while their children are enjoying the playground. An outdoor wi-fi signal is available for resident’s use when sitting at the table.



Upon recommendation by the Facilities Committee, the Board voted at their September 20th meeting to accept a proposal from Busy Body Gyms to replace some of the outdated exercise equipment in the Clubhouse Gym. Some of the original equipment is more than 15 years old and one of the concerns is that parts for the repair of those equipment pieces are no longer even manufactured. Nine single-function exercise machines will be replaced with six multi-function machines freeing up space for the possible future addition of three additional function machines.



A Time For Giving Begins October 1st

By Carolyn Snider



You see them in 95+ degree temperatures, mowing, trimming and edging our community. You see them here on a weekend when a sprinkler head goes haywire. You see them treating the lubbers and other insects that attack our beautiful landscape. You see them removing diseased palms. This is just a quick look at the hard-working individuals who keep our community running (and let's not forget our office personnel, our mail person and security).

Through your generosity, these are the people that the Landscape Committee gives a special thanks to during the holiday season.

Every year, the committee has reached out to Lakes residents, asking for a \$10 donation per household which allows the committee to provide a nice Holiday Luncheon and gift card to each worker. In addition, if there are funds left over, we hold additional quarterly pizza lunches for them.

October 1st is the beginning of this year's campaign. Please place any donations in the Social Committee box in the Clubhouse Mail Room. Please mark all donation envelopes "Landscape Committee." You can also mail your check, payable to Carolyn Snider, to 12125 SW Keating Dr. PSL 34987. Carolyn is, once again, coordinating this year's event.

Thank you in advance for your participation. It's deeply appreciated.



Jack Parker
President



This month I'll bring everyone up to date on community projects both past and present. The Board's been busy approving many with the intent of maintaining and enhancing our community. Our community is now 20 years old with the HOA's Articles of Incorporation having been filed on April 7th, 2003.

Over the years things tend to wear out and need repair or replacement and this is also true with our buildings, equipment and facilities. An example is the lap pool heaters, originally installed in 2009. These needed replacement because they were old and no longer working properly, so new GeoThermal heat/cool units were installed to replace them. When these types of problems are identified we try to get them fixed as soon as possible. But, sometimes we must wait for parts that are on backorder, which will cause repair delays. Know that we're always looking for cost appropriate ways for purchasing new equipment as well as needed repairs.

We've also seen the need to make improvements and updates to our facilities. We've improved the playing area of our Bocce and Shuffleboard courts by adding pavers in the approach areas to allow for more seating, eliminating chairs on the lawn. Another improvement was the enhanced Wi-Fi to the outdoor and recreational areas behind the Clubhouse.

One project pending is the painting of homes. A survey is being sent out to all homeowners asking if they would be in favor of adding additional colors to the repainting palette or whether they prefer to keep colors as they currently are. Another in the works project is updating lighting at the Pickleball, Tennis and Basketball courts to LED. I'll keep you updated as more information becomes available.



BINGO

October 11th at 7:00pm
October 25th at 7:00pm
In the Clubhouse

Cost is \$10.00

Doors open at 6:30pm
BYOB and a snack for your table

Lakes at Tradition Financial Accounts Info

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Community Events

Veterans Celebration And Luncheon Is November 11th

By Mollie Adams

The Lakes at Tradition Homeowners Association is sponsoring its annual Veterans Day Celebration & Luncheon to recognize and thank all Lakes veterans for their service to our country. The celebration & luncheon is being presented on Saturday, November 11th at 11:00am in the Clubhouse at no charge to veterans or residents.

We need to know how many guests to prepare for, so we're asking that reservations be made in advance. All veterans and their guest may pick up luncheon tickets on October 23rd, 24th, and 25th from 10am till noon in the billiard room of the Clubhouse.



Non-veteran residents may then pick up luncheon tickets on October 30th, 31st, and November 1st from 10am till noon in the billiard room of the Clubhouse.

Please remember, Veterans Day is a time to honor those men and women who have given service to our country so that we all may enjoy the freedoms we have today.



Thanksgiving Food Drive

By Mollie Adams



The Lakes Social Committee's Annual Thanksgiving Food Drive to benefit The Treasure Coast Food Bank is slated for November 1st thru November 7th.

A donation box will be placed in the Clubhouse Mail Room. Residents are encouraged to donate non-perishable food items in the boxes which will then be collected by committee members and donated to the Food Bank to benefit less fortunate families at Thanksgiving.

Please donate things like: rice, beans, pasta, sauces, jelly, crackers, granola bars, cereal, canned items, etc.

Thank You Lakes Residents For Your Generosity



By Carolyn Hammer

Don't miss the fun! There's a Beef, Brew & Dance Party coming to the Lakes Clubhouse Saturday, October 21st, beginning at 6:30pm. Doors open at 6pm.

A delicious beef sandwich meal with all the fixings will be served. The first brew is on us, then it's BYOB. DJ Bob will be spinning all your favorite tunes and taking requests too.

Tickets are \$12 per person and will be on sale in the Clubhouse on October 2nd, 4th, 9th, and 11th from 10am to noon. Or you may place your check in the Social Committee's box in the Clubhouse Mail Room along with the names of those attending. Age 21 and older only please.



Halloween Bash Scheduled For October 28th



The 3rd annual Halloween Bash is scheduled for October 28th at 7:00pm in the Clubhouse. Party with your neighbors and make new friends. Costumes are encouraged (you could win best costume). Enter your carved pumpkin to win a prize.

No advanced reservation needed. Open to all Lakes residents and their guests. Just BYOB and bring a finger food to share.

Before the evening ends, a Happy Halloween will be had by all!





Tradition CDD
 Managed by: *SDSinc.*
 Office Phone: (772) 345-5119
jgallagher@sdsinc.org



That 60's, 70's Party Rocked The House

By Carolyn Hammer

On Saturday, September 6, our Clubhouse stepped back in time as many residents attended the 60's and 70's Rockin' Dance Party. Tickets were sold to residents who lived on streets like Elsinore & Stratton, but the people who showed up were long haired, tie-dyed, fringed vest, rose colored spectacle wearing hippies, adorned in flower power and peace signs.

DJ Bob took requests and spun some groovy tunes including many that brought everyone up to dance. The spirit of the night was pure fun & laughter and included group dances like the Electric Slide and the Macarena. Our own in-house solo artist, Jack Parker (yes, that's really him in the photo below), took to the microphone, belting out Unchained Melody.

An abundance of hot and cold appetizers were enjoyed by all and Mollie's "Mystical" Brownies capped off the evening. A night of good food, good music and lots of laughs. It was really far out, man...far out!



Newcomers Club, "A Social Club With A Purpose"

By Carolyn Snider

Are you new in town and looking for fun activities and the opportunity to meet new people? Or perhaps you've lived on the Treasure Coast for years and would like to expand your horizons. If so, consider joining the PSL Newcomers Club.

The club is an offshoot of Welcome Wagon and has been around for more than 40 years. We're primarily a social club. However we also contribute to local not-for-profits, including Sarah's Kitchen, Voices for Children, IRSC, the Elks, and many more.

Do you like to try new restaurants and other venues? We go out to lunch together, out to dinner, take day trips, play trivia, etc. Is golf your forte? Yes, there's an opportunity to play 9-holes every Monday at Gator Trace Golf Club. Like to read? We do that too! For cards and game lovers, there are opportunities to play Hand & Foot, Mah Jongg, 5 Crowns, etc.

New members are always welcome. Come to our meeting held the first Monday of every month at the Moose Lodge, 101 NW Marion Ave., in Port St. Lucie. Social hour begins at 9am, followed by the meeting at 10am. Hoping to see you there!



Our Favorite Recipes

Marie Wagenknecht's PIG Candy

Preheat oven to 350 degrees;

- 1 package of Keebler Butter Crackers
- Bacon (not thick)
- Light Brown Sugar
- Cayenne Pepper (optional)

Line a rimmed cookie sheet with foil; place rack on foiled sheet; place crackers on rack; place bacon (cut to fit) on crackers. Sprinkle with brown sugar; sprinkle with cayenne pepper (optional).

Bake at 350 degrees for 15 minutes; rotate cookie sheet and bake for another 10-12 minutes. Place on a separate rack to cool. Enjoy!



The Lakes at Tradition HOA

Managed by: FirstService Residential

HOA onsite office located on the west side of the clubhouse

Best time to visit for a vehicle decal: 11:00am to 3:00pm

Email: Ingrid.sarmiento@fsresidential.com

Hours: Mon. thru Fri. 9:30am-4:30pm

Phone: (772) 345-0690

Our website is: Lathoa.org

**Thought
For The Day**

"I'm a great believer in luck; and it seems the harder I work, the more I have of it." - Thomas Jefferson

Sports Groups

Mixed Casual Bocce - play every Monday at 5:45pm. Beginners welcome. Just show up at the Bocce courts behind the Clubhouse.

Pickleball Club - open play: Mon, Wed, Fri, Sat 9:00am till 12:00pm. - Tue, Thur, Sun 6:00pm till 8:00pm. Contact: pickleballclublat@gmail.com

Mixed Shuffleboard Group - play every Friday at 4:30pm at the Shuffleboard courts behind Clubhouse. Contact: shuffleboardlat@gmail.com

Women's Bocce - play every Tuesday at 4:30pm at the Bocce courts behind the Clubhouse. To join contact Lucille Wesnofske at: lwesnofske@gmail.com

Men's Bocce - play every Wednesday at 3:00pm at the Bocce courts behind the Clubhouse. To join contact Tom Kinirons at: tcksr@hotmail.com



Clubs & Glasses

Dancercise - meets every Monday & Tuesday morning in the main room of the Clubhouse at 10:00am.

Bridge - plays every Monday afternoon in the veranda room of the Clubhouse at 1:00pm.

Book Club - meets on the third Monday of the month. Next meeting is October 16th at 7:00pm. This month, they will be discussing: *A Piece Of The World* by Christina Baker-Kline. To join them, contact Lois Rosen at: loro781@aol.com

Easy Stretch - meets every Tuesday morning in the main room of the Clubhouse at 9:00am.

Canasta - plays every Tuesday in the main room of the Clubhouse at 12:00pm.

Mah Jongg - plays every Monday and Friday afternoons at 1:00pm in the main room of the Clubhouse.

Mah Jongg - plays every Thursday evening at 6:30pm in the main room of the Clubhouse.

Euchre Club - meets every Thursday afternoon in the main room of the Clubhouse at 1:00pm.

Mexican Train - plays every Wednesday afternoon in the Clubhouse veranda room at 1:00pm.

Line Dancing - meets every third Sunday of the month in the main room of the Clubhouse at 3:45pm.

Yoga - meets every Wednesday afternoon in the main room of the Clubhouse at 1:00pm.

Cribbage - plays every Tuesday afternoon at 1:00pm in the Clubhouse.



Kim's Word Puzzle

By Kim Stapf

Below is a list of games being played by various groups in the Clubhouse. Find each word from the list below in the puzzle. The words can share letters as they cross over each other and can go in any direction (left to right, right to left, diagonal up, diagonal down). The answer is on page 8.

T D B K O O H P M C P E
 E I A R G A I W A C L G
 N E E N I N L N H S A A
 N K I U O D A U J L Y B
 I B B C C S G Q O G N B
 S D H S T H V E N L I I
 O L X A M B R K G P N R
 E B O C C E N E G N E C
 M E X I C A N T R A I N
 B U K I M M U R Y S U J


PLAYNINE BOCCE CANASTA PINOCHLE
 CRIBBAGE BINGO MAHJONGG RUMMIKUB
 TENNIS EUCHRE BRIDGE MEXICANTRAIN

Mexican Train

Plays Wednesdays at 1:00pm in the Clubhouse

What's your favorite color? There's a train waiting for you! Join your neighbors at the Clubhouse on Wednesday afternoons at 1:00pm for this popular domino game that's easy to learn.

No need to bring anything but your "spirit" for fun and laughter as you attempt to be the first player to get rid of all your dominoes. Beginners are welcome.



Pet Profile

By Elise Ross

Queen Bella (Afghan Hound)

Take a leisurely early morning drive down Stratton and you may be fortunate enough to catch a glimpse of Champion Sharja Snowfall (fondly known as Bella) elegantly prancing ahead of her human Toni. Bella is a 10 year old former Afghan show dog bred in Virginia who considers herself very fortunate to have found a loving retirement home here in The Lakes. Prior to retirement she participated in many American Kennel Club Afghan Hound competitions in the Carolinas, Virginia and Maryland and once was only one point shy of being named "top dog."

She is Toni's 4th Afghan and the grand niece of Cosmos and Lola, Afghans that were previously owned by Toni. Toni was in second grade when her parents told her they were picking up a puppy. The puppy turned out to be a fully grown Afghan Hound named Piper and Toni's love of Afghans began. This breed has many distinctive features. They often stand 27" or higher, with a long refined head, large feet, a tail with a curl, and carry a thick, fine, silky coat.



This past summer Toni kept Bella's coat short to help her deal, as we've all tried to do, with the extreme heat. But, her coat is growing back in and in a few months will be in "full Afghan bloom" again.

Bella's constant companion is one of three identical stuffed bats given to her by neighbor Anna. Every morning she takes each of them out on the lanai and helps them "welcome" the new day.

Although Bella is very dignified, shy, aloof and identifies as "invisible," she does have her "real dog" moments. Once Toni prepared a delicious chicken salad sandwich, placed it on a low table, and went to get a beverage. While doing so, Bella apparently walked by and smoothly picked up the sandwich to savor all by herself. Bella's favorite treat is whipped cream! Toni enjoys whipped cream in her coffee and will often dispense a large dab on a spoon for Bella.

Toni and Bella share their lakeside Capri with Allie, a black cat. The Lakes Life is good to Bella, Allie and Toni!



When Did America First Celebrate Halloween?

By Tom Klein

It is widely believed that many of Halloween's traditions evolved from an ancient Celtic pagan festival named Samhain, which was then Christianized by the early church with All Hollow's Eve being a vigil to the Christian All Hollow's Day.

All Hollow's Day was celebrated to honor all of their many Christian Saints and to offer prayers for the souls of the recently departed.

Celebrated in Ireland and Scotland for centuries, "guising" would be a traditional All Hollow's Eve custom (poor children in disguise carrying lanterns made of hollowed out turnips going door to door looking for food or coins in exchange for praying for the dead).

The idea of celebrating Halloween (All Hollow's Eve) was then brought to America by Irish and Scottish immigrants who were escaping the great potato famine of the middle 19th century. They began using pumpkins for their lanterns as pumpkins were found to be more prevalent here than turnips were, while still easy to scoop out and make into a lantern.



While the first reference in America to "guising" was in 1911, the first known reference to "trick or treating" wasn't until 1935. After becoming popular here, the idea of celebrating Halloween then began to spread to Central and then to South America.



TRIVIA

Halloween Trivia is scheduled for Friday
October 13th at 7:00pm In the Clubhouse.
Doors Open at 6:30pm. \$5.00 entry fee.

Halloween costumes are encouraged.
BYOB and a snack for your table.

Tickets: (201) 774-3743 or (201) 805-6153



TRADITION EVENTS

Breakfast in The Square - Join Tueste Coffee from 9am to 11am on Friday, October 6th and October 20th in the Square. Let the kiddos play in the grass while mom enjoys coffee and pastries with friends. Or grab a cup before your morning walk.

Healthy Boo-Bays 5K run - You don't want to miss out on this 3rd annual event. On Saturday, October 7th, assemble at 7:30am at Tradition Square for the 5K run. Proceeds will be donated to *Friends in Pink* (helping individuals diagnosed with breast cancer who have little or no health insurance). To register, go to traditionfl.com (click on "events", then on "Boo-Bays" in October's calendar).



Howl-O-Ween - At the Tradition Gazebo on Friday, October 13th from 6pm to 8pm, this is going to be a tail-wagging good time! Bring your furry friend and dress to impress for the Dog Costume Contest. Shop till you drop at the dog-themed vendors. Indulge in treats from food vendors while enjoying all the festivities.

Treasure Coast Music Festival - At Tradition Square on Saturday, October 14th, enjoy a music battle for the ages-70's Rock vs. 70's Disco! It's the Pure Zeppelin Experience (performance begins at 3:00pm) verses the Original Studio 54 Band (performance begins at 6:30pm).

Sunday Sunset Concert Series - A monthly celebration of live music and breathtaking sunsets at the Tradition Gazebo. On October 29th from 5pm till 7pm, The Violet Fraum Duo will be playing one great hit song after the other spanning from the 70's to the early 2000's in the pop, rock variety.



Birds of The Lakes

Blue Heron

By Tom Klein

The Blue Heron is the largest heron species in North America. Notable features include slatey colored feathers (gray with a distinct bluish hue) and a dull yellowish-orange colored beak. A pair of distinct black plumes extend from behind the eye to the back of the head. Feathers hanging down from the neck are also long and plume like.

If you see one at water's edge, it is most likely fishing. They will fish in shallow water of 20" or less, often standing there motionless for up to 10 minutes waiting patiently for a fish to swim by. Upon seeing prey, they will strike it with their dagger-like bill and usually swallow it whole, always head first so it goes down easier.



They have been known to choke on prey that turned out to be too large for them to swallow whole.

The female lays 3-6 blue colored eggs at two day intervals. The eggs hatch 27 days later over a several days period of time. Both parents will feed their young while in the nest by regurgitating what they have eaten. At about the 80 day mark, the young will take their first flight from the nest.

Adult herons have few natural predators and are rarely preyed upon due to their large size and sharp dagger-like bill. If attacked, they can put up a very good fight. In one known attack from an eagle, the heron was able to mortally wound the eagle. At night, herons exhibit a habit that might surprise you: they sleep in trees as some protection against being surprised by a possible predator.



Seen on Tradition Lakes Blvd. by Dardanelle.

Please be careful walking in the evening, they can run faster than you can.

They will go after pets. Avoid walking them at night.



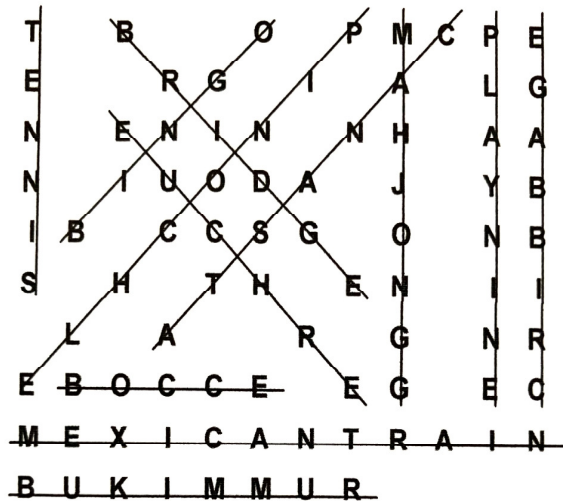
New Homeowners:

Joey & Suzanne Ricciardelli - on Elsinore
Moved here from Boca Raton

We want to welcome you to your new community;
And We Know You're Gonna Love It Here Because,

"Life Is Better At The Lakes"

Answer To Kim's Word Puzzle



Circle of Friends

By Paulee Briggs

The Circle of Friends is a Lakes at Tradition community group founded with the intent to get to know our neighbors and connect with our community. We have Pop Up Happy Hours, Game Nights, Movie Nights, special themed and Holiday Events. We go out of the community for Bowling Nights, Baseball Games and Theatre Dates. We aspire to continue to make The Lakes at Tradition a beautiful and welcoming community for all residents.

Please join The Lakes Circle of Friends and Neighbors on both Facebook & Nextdoor and watch for these future upcoming events!



“Halloween Party” October 28th
 “Friendsgiving” November 19th



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-------------------------------|--|---|---|---|--|---------------------------------------|
| Oct 1 | 2 10:00am DANCEXRCISE 1:00pm BRIDGE 1:00pm MAH JONGG | 3 9:00am EASY STRETCH 10:00am DANCEXRCISE 12:00pm CANASTA 1:00pm CRIBBAGE 7:00pm POKER GAME | 4 9:00am FACILITIES COMMITTEE 10:00am ACC MEETING 1:00pm MEXICAN TRAIN 1:00pm YOGA 7:00pm Block Reps | 5 1:00pm Euchre 6:30pm MAH JONGG | 6 10:00am LAT BOD Workshop 1:00pm MAH JONGG | 7 |
| 8 | 9 10:00am DANCEXRCISE 1:00pm BRIDGE 1:00pm MAH JONGG COLUMBUS DAY | 10 9:00am EASY STRETCH 10:00am DANCEXRCISE 12:00pm CANASTA 1:00pm CRIBBAGE 3:00pm LANDSCAPE COMMITTEE 7:00pm POKER GAME | 11 1:00pm MEXICAN TRAIN 1:00pm YOGA 6:30pm BINGO BINGO | 12 1:00pm Euchre 6:30pm MAH JONGG | 13 1:00pm MAH JONGG 6:30pm TRIVIA TRIVIA | 14 |
| 15 3:45pm LINE DANCERS | 16 10:00am DANCEXRCISE 1:00pm BRIDGE 1:00pm MAH JONGG 4:00pm FINANCE COMMITTEE 7:00pm BOOK CLUB | 17 9:00am EASY STRETCH 10:00am DANCEXRCISE 12:00pm CANASTA 1:00pm CRIBBAGE 7:00pm POKER GAME | 18 1:00pm MEXICAN TRAIN 1:00pm YOGA 6:30pm BOARD MEETING | 19 1:00pm Euchre 6:30pm MAH JONGG | 20 1:00pm MAH JONGG | 21 BEEF, BREW & DANCE PARTY 6:00pm |
| 22 | 23 10:00am DANCEXRCISE 1:00pm BRIDGE 1:00pm MAH JONGG | 24 9:00am EASY STRETCH 10:00am DANCEXRCISE 12:00pm CANASTA 1:00pm CRIBBAGE 7:00pm POKER GAME | 25 1:00pm MEXICAN TRAIN 1:00pm YOGA 6:30pm BINGO BINGO | 26 12:00pm ACC application Deadline 1:00pm Euchre 6:30pm MAH JONGG | 27 1:00pm MAH JONGG | 28 HALLOWEEN PARTY 7:00 PM |
| 29 | 30 10:00am DANCEXRCISE 1:00pm BRIDGE 1:00pm MAH JONGG | 31 9:00am EASY STRETCH 10:00am DANCEXRCISE 12:00pm CANASTA 1:00pm CRIBBAGE 7:00pm POKER GAME Halloween | | | | |