



Volume 1, Issue 5

A Newsletter Covering Life In The Lakes

November, 2023

I'm Thankful

By Elise Ross

"I'm thankful we live in a country where brave women and men commit themselves to maintain our freedoms. My husband John, a US Marine, will be flying our flag to honor former and current service members.

I'm thankful to live in a community that provides us opportunities to help the less fortunate in St. Lucie County. Both the Social Committee's Food Drive (11/1-7) and their Toy Drive (12/1-7) are long-time annual giving programs. These community projects allow all residents to start the upcoming holiday season off with a generous spirit.

I'm thankful that *The Lakes Life* has been receiving favorable neighbor comments since its first edition this past July. I'm thankful that residents (guest contributors) have offered articles for publication.

The Communications Committee welcomes suggestions and/or drafted resident articles for potential inclusion in a future edition. The author of any article printed will be identified. Please forward your suggestions or articles to:

newseditorlathoa@gmail.com



Painting Survey Results Are In

By Ken Perlman

The painting survey recently sent out to homeowners resulted in a 54% overall response rate with 372 homeowner responses from our 687 homes. 83% of the responders stated that they wanted to allow changes to the original colors of our homes, while 17% responded that they wanted to keep our homes their original colors with no changes allowed to the original colors.

Based on that survey response, a committee will now be formed that will meet with experts from two paint companies to develop additional color pallets from which a homeowner wishing to change the existing color of their home may choose.

Each homeowner wanting to change their color would be allowed to choose between two additional colors for their home. If you now have a yellow colored home, you will have a set of two additional colors, available only to yellow homes, from which you may choose. If you now have a tan colored home, there will be a second set of two additional colors, available only to tan homes, from which you may choose. If you now have a peach colored home, there will be a third set of two additional colors, available only to peach homes, from which you may choose.

In that way, the problem of multiple homes sitting side by side all painted the same color would be avoided. Once the committee chooses preliminary colors, those colors will then be voted upon by homeowners.

Any homeowner wishing to keep the current color of their home would be allowed to do so. However, if a homeowner of a Capri wishes to change the color of their Capri while his adjoining neighbor does not, the color of that Capri would have to remain as it currently is.

The History Of Veterans Day

By Tom Klein

Did you know that Veteran's Day was formerly known as Armistice Day? Armistice Day was set on November 11, 1918 as a legal federal holiday to honor the end of World War I. Why November 11th? Because World War I ended on the eleventh hour of the eleventh day of the eleventh month of 1918.

Then, twenty years later, in 1938, federal legislation was passed to make November 11th "dedicated to the issue of world peace" and to honor all World War I veterans.



And finally, 16 years after that, on June 1, 1954, Armistice Day (November 11th) was renamed Veteran's Day and is now meant to honor *all* veterans.

Memorial Day in May is now meant to honor service members who *died* in the service to our country as a result of injuries incurred in battle.

The staff of *The Lakes Life* would like to thank all veterans of The Lakes who have answered our country's call to duty.

Thank You For Your Service!



Holiday Toy Drive Is December 1-7



By Mollie Adams

The Lakes Social Committee will be holding its annual Holiday Toy Drive December 1st thru the 7th. A couple of large boxes will be placed in the Clubhouse Mail Room to accept all the unwrapped toys Lakes residents wish to donate to this great cause. Or you can place them under the tree in the Clubhouse.

Committee members will coordinate with the St. Lucie County Sheriff's Department who will collect the toys and give them to less fortunate local children this holiday season.

The Sheriff's Department has also expressed a real need for bicycles for teens. If you would like to donate toward the purchase of a bicycle for area teens in need, contact Carolyn Hammer at: (201) 805-6153 or carolyn@hammerandhammer.com

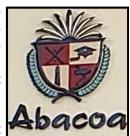
Thank You Lakes Residents For Your Generosity!

Abacoa's Outdoor Motown Concert Is November 18

By Tom Klein

Now that it's officially fall in Florida and evenings are cooling down, we thought you might be interested to know of some nearby outdoor live concert venues for your music entertainment. The Abacoa POA present free live band concerts in downtown Abacoa's outdoor Amphitheatre on about a once a month basis. The Abacoa community in Jupiter has a small downtown area similar to ours here in Tradition.

November 18th brings N2 Nation's Motown Magic. And December 16th has the Almost AB-BA Tribute Band performing. These outdoor concerts begin at 7:30pm. Bring your own chair.



If you'd like to have dinner out before taking in one of the con-

certs, there are several nice restaurants located in downtown Abacoa including: Bahama Bucks, Brick & Barrel, Jumby Bay Island Grill and JJ Muggs Stadium Grill.

To reach Jupiter's downtown Abacoa, go south on I-95, exit east on Donald Ross Road, turn left at Central Blvd, then at the roundabout take the second exit onto Main Street. It's only about a 35 minute drive from Tradition.

For more detailed information on these and other future live concert events, go to: *abacoa.com* and click on "Music/Entertainment."

Tradition Community Association

Managed by Castle Group



Hours: Monday-Friday 8:30am - 4:30p

Office Phone: (772) 345-5101 Email: ashepherd@castlegroup.com





Editor: Elise Ross Layout and Design: Thomas Klein

Staff Writers: Carolyn Hammer, Kim Stapf

PSL Library Can Help You Preserve Your Memories Digitally

By Carolyn Hammer

Did you know that over time, your home movies on reel to reel or VHS tape will degrade and eventually become unwatchable? The St. Lucie County Library system has created a Memory Studio to help preserve your precious family memories.

Located at both the Morningside Branch in PSL and the Kilmer Branch in Ft. Pierce, the Memory Studio can be used to scan, digitize, transfer and preserve your old photos, slides, 8mm and Super 8 reels, VHS, VHS C, audio cassettes and vinyl into digital format.

Reservations are required, so to make an appointment call Josie (772-462-2189) at the Kilmer Branch, or Nick (772-337-5632) at the Morningside Branch.

Your appointment will last approximately 2 hours and you should



come prepared to accomplish one specific task. You may need several appointments to complete a big project.

When you come, please bring your valid SLC library card (or you can get one that day) and a flash drive. Josie Tenboer at the Kilmer Branch recommends that you bring a brand name, reliable, 32 Gig flash drive. Flash drives (also known as thumb or jump drives), are available at Staples, Walmart or Target for less than \$20.

Expect your appointment to last 2 hours, beginning with a 30-minute tutoring session in which staff will show you how to use the equipment. No previous experience is needed. For the remainder of your appointment, you will work independently, although staff will be available to answer questions or offer guidance, if needed.

The Memory Studio also has the Photoshop Suite and Elements Suite available to use. This service is available to all residents of St. Lucie at no charge, with a valid library card.





The Finance Committee members have been busy these last couple of months working on both the 2024 budget as well as our upcoming Reserve Study.

We've developed a "working draft" budget with input from our board members and property manager. We continue to refine the budget with further analysis and as additional contract information becomes available. Additionally, the 2024 budget report format will be changed to include some additional expense information.

In terms of Reserves, we have engaged Association Reserves to perform our Reserve Study. The finance team and property manager have been busy providing detailed background information in preparation for Association Reserve's on-site visit to our community.



This visit is expected to be conducted over a one or two day period of time, with their initial reports to follow that visit.

Special mention to Gene Wesnofske who has taken the lead in working with *Association Reserves*, bringing both his financial knowledge and his knowledge of our individual facilities to bear. Thank you Gene.

Please stay tuned as we expect both our 2024 Budget and an updated Reserve Study will be published in the ensuing weeks. While the date has not as yet been set for the Board meeting where the 2024 Budget is to be approved, we are expecting that meeting to take place sometime in November. So, please be alert for that upcoming announcement.



The Lakes at Tradition HOA

Managed by: FirstService Residential

HOA onsite office located on the west side of the clubhouse Best time to visit for a vehicle decal: 11:00am to 3:00pm Email: Ingrid.sarmiento@fsresidential.com Hours: Mon. thru Fri. 9:30am-4:30pm Phone: (772) 345-0690

Our website is: Lathoa.org

Community Events

Veterans Parade November 10 Luncheon Is November 11th

By Mollie Adams

The Lakes Homeowners Association is conducting its annual Veterans Day Parade to be held at 11:00am on Friday, November 10th. The parade will wind thru all streets of our community. Parade participants please assemble in the tennis court parking lot at 10am with your decorated cars or golf carts. Vets, please be out in your driveway, so parade participants may salute you as they pass by.

A Luncheon to recognize and thank all of our Lakes veterans for their service to our country is also scheduled for Saturday, November 11th at 11:00am in the Clubhouse. All residents are invited to attend this free event.



For tickets, please see Mollie on Monday October 30th, Tuesday October 31st or Wednesday November 1st from 10am till noon in the Clubhouse.

Flags will also be placed in the median area of Tradition Lakes Blvd. to honor all veterans both past and present.

Friendsgiving Feast Is November 19th



You are invited to share with your neighbors in a community "Friendsgiving" Pot Luck Dinner on Sunday November 19th at 4:00pm at the Lakes Clubhouse.

Please contact Paulie Briggs with your RSVP, a dish signup and the number of attendees by November 15th at: circleoffriendspsl@gmail.com

All Lakes residents and their guests are welcome!



Tradition CDD

Managed by: SDSinc.
Office Phone: (772) 345-5119

jgallagher@sdsinc.org

SEA, AIR, LAND -The Navy Seal Museum

By Kim Stapf

A person who serves the United States Military by sea, air and land is called a Navy Seal. Did you know that during World War II legions of scouts, raiders, Naval combat demolition teams and underwater units trained for combat and perfected their skills in the

waters off nearby Fort Pierce? So, Fort Pierce was a natural to house the National Navy Seal Museum which now resides on those very same training grounds. Here, you may experience the history of America's most elite warriors.



This nearby museum has many indoor and outdoor interactive exhibits where you can test your knowledge and skills. You can dress as a Seal. You can climb aboard a Black Hawk helicopter, a Maersk Alabama Lifeboat, an MKV Assault Craft, or a NASA Apollo training spacecraft.

In the museum theatre, you can view declassified stories and actual footage highlighting the history of Naval Special Warfare from World War II to the present day. There are sections of the museum on the Korean Conflict, Desert Storm, the Global War on Terror (Sept. 11) and Captain Phillip's rescue by Navy Seals from Somali pirates in 2012. Also on display is a model of Osama bin Laden's compound.

Located at 3300 N. Highway A.1.A. in Fort Pierce, the National Navy Seal Museum is truly a must see. For additional information on hours and admission, check their website at: *navysealmuseum.org*

Food Drive Nov. 1-7

By Mollie Adams

The Lakes Social Committee's Annual Thanksgiving Food Drive to benefit the



Treasure Coast Food Pantry donating to less fortunate St. Lucie County families at Thanksgiving is November 1st - 7th.

A large box will be placed in the Clubhouse Mail Room to accept your food donations. Please donate: rice, beans, pasta, sauces, jelly, crackers, granola bars, canned items, cereal, etc.

Thank You Lakes Residents For Your Generosity!



Mixed Casual Bocce - play every Monday at 5:45pm. Beginners welcome. Just show up at the Bocce courts behind Clubhouse.

Pickleball Club - open play: Mon, Wed, Fri, Sat 9:00am til 12:00pm. Tue, Thur, Sun 6:00pm til 8:00pm. Contact: pickleballclublat@gmail.com

Mixed Shuffleboard Group - play every Friday at 4:30pm at the *Shuffleboard* courts behind Clubhouse. Contact: *shuffleboardlat@gmail.com*

Men's Bocce - plays every Wednesday at 4:00pm at the Bocce courts behind the Clubhouse. Please contact: tcksr@hotmail.com

Women's Bocce - plays every Tuesday at 4:00pm at the Bocce courts behind the Clubhouse. Please contact: *LWesnofske@gmail.com*

NATO Phonetic Alphabet

First recognized internationally in 1927 and now known as the NATO Phonetic Alphabet, a radiote-lephony alphabet became essential to Allies in World War II being able to effectively communicate with each other over radio by assigning words to represent letters of the Roman Alphabet. Combinations of several letters would represent various code phrases the military would use (AA=anti-aircraft), (CM=continue mission), (OM=on the move), (TY=thank you).

Since it may be difficult to understand whether a person is saying the letter "P", "B", "C" or "D" because they all sound so similar, using words (ex. "Papa," "Bravo," "Charlie" or "Delta") to represent those letters would make it easier to understand what you were trying to communicate.

Below is each military word paired with the letter it represents. Have some FUN (Foxtrot-Uniform-November) with this NATO Military Chart.

| A - Alfa | H - Hotel | O - Oscar | V - Victor |
|-------------|--------------|-------------|-------------|
| B - Bravo | l - India | P - Papa | W - Whiskey |
| C - Charlie | J - Juliett | Q - Quebec | X - X-ray |
| D - Delta | K - Kilo | R - Romeo | Y - Yankee |
| E - Echo | L - Lima | S - Sierra | Z - Zulu |
| F - Foxtrot | M - Mike | T - Tango | |
| G - Golf | N - November | U - Uniform | |
| | | | |

Clubs & Glasses

Dancercise - meets every Monday & Tuesday morning in the main room of the Clubhouse at 10:00am.

Bridge - plays every Monday afternoon in the veranda room of the Clubhouse at 1:00pm.

Book Club - meets Monday, November 20th at 7:00pm in the Clubhouse. This month they'll be discussing: "In Love-A Memoir of Love and Loss" by Amy Bloom. To join them, contact Lois Rosen at: loro781@aol.com

Easy Stretch - meets every Tuesday morning in the main room of the Clubhouse at 9:00am.

Canasta - plays every Tuesday in the main room of the Clubhouse at 12:00pm.

Mah Jongg - plays every Monday and Friday afternoons in the main room of the Clubhouse at 1:00pm.

Mah Jongg - plays every Thursday evening in the main room of the clubhouse at 6:30pm.

Mexican Train - plays every Wednesday afternoon in the Clubhouse veranda room at 1:00pm.

Line Dancing - meets every second Sunday of the month in the main room of the Clubhouse at 3:45pm.

Yoga - meets every Wednesday afternoon in the main room of the Clubhouse at 1:00pm.

Cribbage - plays every Tuesday afternoon at 1:00pm in the Clubhouse.



Join your neighbors who like playing cards and "taking tricks" at the Clubhouse on Thursday afternoons from 1:00pm to 3:30pm. Euchre is a social, quick paced, partnership card game that requires strategy and luck but comes with lots of laughs.

Beginners are welcomed with or without a partner.



"The most important thing you will wear is your attitude."

- Jeff Moore

Suzanne Lieurance (Prolific Author)

By Carolyn Hammer

Suzanne Lieurance is a prolific author with more than 40 published books to her name, a freelance writer, a writing coach & workshop leader and our friendly neighbor on Pembroke Drive here in The Lakes at Tradition community.

Suzanne started her career teaching in a ramshackle mobile classroom in a rural setting in Mason, Tennessee, but her sense of adventure would lead her on many stops along the way to becoming a published author and founder of *Write by the Sea, LLC*.

She was a classroom teacher off and on for 24 years and discovered she had an affinity for students labeled as problems by other educators. She enjoyed working with these students, gaining their trust and helping them achieve the results that would lead them to academic success. As she taught, Suzanne was also always writing. There came a day when she knew she wanted to write full time, so she made that leap and never looked back.



Suzanne's sense of adventure continued as she accepted some challenging and unique writing contracts: Writing a children's version of Alexandre Dumas' *The Three Musketeers*, in just 12 pages of 250 words each, with no sword fights! She was tasked with writing a version of Hansel and Gretel that omitted the wicked stepmother, and a children's version of

William Shakespeare's *A Midsummer Night's Dream*, as well as a nonfiction book about the Spaceship Challenger disaster (which won a Children's Choice Award in 2000).

Suzanne was in her element satisfying those contracts, while teaching for the Institute of Children's Writing. She soon became a writing coach, as her background of helping others achieve success and all of her writing experience made her the perfect person to guide anyone with a passion for writing to become "the writer you always wanted to be."

She and her husband moved to the Treasure Coast in 2021, fulfilling her dream of writing by the sea. Her coaching business is called *Write By The Sea* and can be found at: www.writebythesea.com

Friday The 13th Was A Spooky Night In The Lakes

By Carolyn Hammer

Paraskevidekatriaphobia (fear of Friday the 13th) didn't keep our intrepid LAT residents from turning out to play Trivia on that spooky Friday night. Bedecked in Halloween finery, and scary costumes, each team combined brain power to answer the themed questions.



The spooky categories were: Friday the 13th, Halloween, Ghosts, Witches and a bonus question on scary movies. Thom Epsky made sure his presentation included much humor to balance the evenings frightening theme. The evening was rounded out with best costume awarded to Wendy McNall.



Come on everyone, if he can do it, you can do it!



TRADITION EVENTS

Tradition Fall Festival - Experience a Florida Fall during Tradition's annual Fall Festival on Saturday, November 4th at Tradition Square from 5pm to 9pm. Live music will fill the air, hayrides and bounce houses will be in the kids zone and seasonal treats will be available from food yendors.

Holiday Bazaar - An afternoon of fantastic shopping with over 80 booths of crafts from all over the Treasure Coast. At Tradition Square on November 11th from 1pm to 7pm featuring a kids zone, face painting, music, food trucks and picture opportunity.

Chow Down Food Truck Fridays - Bring a chair and an appetite to grab a bite & enjoy music in the square by DJ Kiss By A Rose. From 5pm till 9pm on Friday, November 17th.

Turkey Trot 5K - Held on Thursday, November 23rd (Thanksgiving Day) at 8am in Tradition Square, the annual Turkey Trot is a 5K Chip timed race and a 2K Fun Run/Walk. To register, go to: *traditionfl.com* click on "Events," then click on "Turkey Trot 5K" on the November calendar.

Black Friday Shop Around Market - Start your holiday shopping with a festive experience at Tradition Square on Friday, November 24th from 5pm to 9pm. Discover handcrafted, unique and locally made treasures, personalized gifts and more from our local vendors!

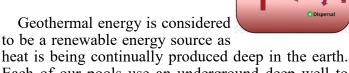


Sunday Sunset Concert Series - Bring your chair down to the Tradition Gazebo every last Sunday of the month and enjoy live music and fantastic sunsets from 5:00pm till 7:00pm. November 26th showcases a Latin flair with The Xavier Alejandro Duo. These exceptional Spanish Guitarists perform the classics and Latin songs with a few surprises mixed in!



How Is Geothermal Energy Used To Heat Our Pools?

By Tom Klein



Each of our pools use an underground deep well to tap into that heat source being produced in earth's deep Aquifers to heat our pool water.

As the pool's heaters are told to begin heating the pool water, a pump begins extracting hot water from an underground earth Aquifer via a deep water well, piping it to the pool heater where that hot well water then passes by one side of a metal heat exchanger.

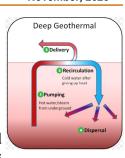
Freon refrigerant absorbs heat from that hot well water and then transfers that heat to the cooler pool water passing by the other side of the heat exchanger. The pool water and well water never touch each other as each is on its own side of the metal heat exchanger between them.

After its heat is extracted and transferred to the pool water, the now cooled well water is then pumped back down a second underground deep well back into the earth's Aquifer to be reheated by the earth and then reused.

According to the federal EPA, Geothermal heat pumps are the most energy-efficient, environmentally clean and cost effective systems available for heating. They're predictably low maintenance, don't burn expensive fossil fuels and can reduce energy heating bills by 70% over what a natural gas heater would cost us to heat our pool water.

To all of our part-time residents who have returned or are about to return to paradise:





Our Favorite Recipes

Pat McCourt's Sausage Meatballs

Preheat oven to 400 degrees. Line a baking sheet with parchment paper for easy clean-up. Combine:

- 1 cup Bisquick
- 1 roll Jimmy Dean hot sausage
- 1 8 oz. package extra sharp cheddar cheese
- Cayenne pepper to taste

If the mixture seems too dry, add just a <u>little</u> water to the mixture. Then form into balls. Makes about 24 sausage balls. Bake at 400 degrees for 20 minutes. And enjoy!



The Holidays Are A Time For Giving!

By Carolyn Snider

The Landscape Committee is still accepting donations for their annual Holiday Luncheon intended to thank our landscape personnel for all they do for us which is scheduled for Wednesday, December 13th.

Please place all donations in the Social Committee box located in the Clubhouse Mail Room. Mark your envelope "For Landscape Committee" and make your check out to Carolyn Snider. Or you can mail your donation to Carolyn at: 12125 Keating Dr., PSL, 34987. \$10 or more per household can make a genuine difference!

Thank You Lakes Residents For Your Generosity!







| | | | | 2023 | | |
|---|--|---|--|---|---|------------------------------|
| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| | | | Nov 1 | 2 | 3 | 4 |
| Please Watch For Announcement Of Date Of November Budget Meeting To Approve The Lakes at Tradition 2024 Budget (Not Yet Finalized) | | | 9:00am FACILITIES COMMITTEE 10:00am ACC MEETING 1:00pm MEXICAN TRAIN 1:00pm YOGA | 1:00pm Euchre I 6:30pm MAH JONGG | DRIVE 10:00am LAT BOD Workshop 1:00pm MAH JONGG | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| Daylight Savings Time Ends | 10:00 DRIVE 10:00am DANCEXRCISE 1:00pm BRIDGE 1:00pm MAH JONGG | 9:00am EASY STRETCH 10:00am DANCEXRCISE 12:00pm CANASTA 1:00pm CRIBBAGE 17:00pm POKER GAME | 1:00pm MEXICAN TRAIN 1:00pm YOGA 6:30pm BINGO | 1:00pm Euchre | 1:00pm MAH JONGG VETERANS PARADE 11am | VETERANS VETERANS VETERANS |
| 12 | 13 10:00am DANCEXRCISE 1:00pm BRIDGE 1:00pm MAH JONGG | 14 9:00am EASY STRETCH 10:00am DANCEXRCISE 12:00pm CANASTA 1:00pm CRIBBAGE CANCELLED LANDSCAPE COMMITTE 7:00pm POKER GAME | 15 1:00pm MEXICAN TRAIN 1:00pm YOGA 6:30pm BOARD MEETING | 16 1:00pm Euchre I 6:30pm MAH JONGG | 17 I 1:00pm MAH JONGG | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 3:45pm LINE DANCERS- CANCELLED 4:00pm FRIENDSGIVING-POTLUCK FIGURE OF THE OFFICE OF THE OFFI | 10:00am DANCEXRCISE 1:00pm BRIDGE 1:00pm MAH JONGG 4:00pm FINANCE COMMITTEE 7:00pm BOOK CLUB | 9:00am EASY STRETCH 10:00am DANCEXRCISE 12:00pm CANASTA 1:00pm CRIBBAGE 17:00pm POKER GAME | 12:00pm ACC application Deadline 1:00pm MEXICAN TRAIN 1:00pm YOGA | 1.00pm Euchre 1.6:30pm MAH JONGG Thanksgiving | CLOSED 1:00pm MAH JONGG | НАРРУ |
| 26 | 27 10:00am DANCEXRCISE 1:00pm BRIDGE 1:00pm MAH JONGG | 28 9:00am EASY STRETCH 10:00am DANCEXRCISE 12:00pm CANASTA 1:00pm CRIBBAGE 7:00pm POKER GAME | 29 1:00pm MEXICAN TRAIN 1:00pm YOGA 6:30pm BINGO | 30 1:00pm Euchre I 6:30pm MAH JONGG | | Thanksgiving! |