

# HAPPY NEW YEAR!



Volume 3, Number 1

A Newsletter Covering Life In The Lakes

January, 2025



## There's Always Next Year

By Elise Ross

Those words are often said at the end of a sports season by a team who has not made the playoffs. I recently reread my January 2024 Editor's Note where I outlined a few new excursions I was looking forward to in 2024. None of them happened because "Life got in the way." So, as 2024 comes to a close, I am also saying "There's always next year."

However, 2024 was not a total loss. I did have a few new experiences including:

- A fabulous lunch at Think Greek - the winner of the Guy Fiore "Best Bite in Town" Award.
- Two enjoyable Candlelight Concerts at the MidFlorida Credit Union Event Center.
- Learning how to play Five Crowns and Siamese Mah Jongg.
- Reading over 30 new books.

Each and every day is a gift and I look forward to unwrapping as many new experiences as I can in 2025. I am grateful to have the opportunity to live in The Lakes and wish all my neighbors a Healthy and Happy New Year!

Please forward your ideas for future articles for the newsletter to:

[newseditorlathoa@gmail.com](mailto:newseditorlathoa@gmail.com)



By Jack Parker  
President



Well, the holiday season has come and gone. I hope everyone enjoyed and shared holiday celebrations with their families and friends. The New Year is now upon us and most of our seasonal residents have returned. I would like to extend a warm welcome to them.

The Annual Members Meeting and Election of Directors will soon be upon us. The "First Notice of Annual Meeting" letter for the Annual Meeting & Board of Directors Election will be sent out soon and you will receive it in the mail. This notice will have all the information in it pertaining to the Annual Meeting and Election process.

Pursuant to the Lakes at Tradition Homeowners Association, Inc. Bylaws, the Association will hold its Annual Meeting for the purpose of electing members to the Board of Directors and any such business as may lawfully be conducted. The Annual Meeting will be held on **March 19, 2025** - in the Clubhouse of The Lakes at Tradition.

There are two (2) Board positions to be filled and the term of office for each position will be for two (2) years. If you desire to run as a candidate for election to the Board of Directors you must give written notice either by mail or hand delivery to the Association office of your intent to run as a candidate for the Board. An "Intent to Run" form will be included in the "First Notice of Annual Meeting" mailing.

An Information Sheet from each declared candidate, a Ballot, Voting Instructions and an Agenda for the Annual Meeting will be included with the "Second Notice of Annual Meeting." The "Second Notice" mailing will include the Ballot Voting and Proxy Return instructions. The second notice will be mailed to all members in February in advance of the meeting. The Ballot will list all declared candidates in alphabetical order.

I wish all homeowners and their family a very Happy, Healthy and Prosperous New Year.



# Your Contractors Thank You!

By Carolyn Snider

Due to the generosity of 28 percent of The Lakes at Tradition homeowners, your Landscape Committee was able to provide a nice lunch and cash gift to approximately 40 of our hardworking contractors.

We showed our appreciation to workers from irrigation, fertilization, landscaping, security, mail room...and more! And, we have enough money left over to host periodic lunches throughout the year.



Once again, thank you to all who donated. The workers really enjoyed the lunch and a bit of respite from the labors of the day. There were smiles and many thank yous before returning to work.



# Mah Jongg Players Support Toy Drive

By Elise Ross

MJ players from throughout The Lakes gathered together to support the Sheriff's Christmas Families Project. Their donated toys helped to fill the huge holiday wrapped box! Two 10' tables were covered with delicious homemade dishes and a third with fabulous cookies, fruit and cakes!!!

Wearing their favorite festive attire, the ladies each received a pair of holiday "glasses" and joined together for a group photo. Two wine glasses hand painted by Wendy McNall which read "The Best Prize I Ever Won in MJ is Your Friendship" and "I Play MJ on Days That End in Y" were won by Kim Stapf for making a Holiday MJ hand.

The Clubhouse overflowed with fun and friendship to kick off The Lakes Holiday Season!!



# Pet Profile

By Chris Bornstein

## Levi & Elliot

Levi & Elliot are four year old brothers and have been together since birth. Elliot has a genetic condition called cerebellum hyperplasia. He marches instead of walks. He can only use his back legs to jump,



which prevents him from getting on a counter or table (actually not a bad thing). Their Kitty Mommy became ill and could no longer care for them. Bill and I were very fortunate to become the proud Kitty parents to Levi and Elliot Bornstein.

It was rough going for the first couple of months as they crawled into boxsprings, hid in open drawers and cabinets, and in any obscure opening they could find. If you saw them now three months later, you would think we had had them forever. They rule the house, and have trained us well. They were even the center of attention at a raucous all-ladies Bunco party. A pet story with a happy ending.






**Editor:** ..... Elise Ross  
**Layout and Design:** ..... Thomas Klein  
**Staff Writer:** Carolyn Hammer

# Community Events

## Soup & Sociability Is Jan 12

By Helen Jackman

Join your neighbors for Soup & Sociability on Sunday, January 12th at 4pm, followed by fun & game playing. Please bring a dessert to share.

There will be several tasty soups & hot rolls served to take the January chill off. Taste Bob's Pennsylvania Dutch Chicken Corn Soup; or try Helen's Winter Minestrone, a New Hampshire favorite. For the vegetarians, we'll have Nancy's Tomato Soup with Mini Grilled Cheese sandwiches. Even if it's not cold out, try some Chili. Sample them all, then fill your bowl with your favorite.

After dinner, head to the game tables. Never heard of Balderdash? We'll teach you. How about some Rummikub? Or Cribbage? For the guys, playoff football will be on the big screen TV. Tickets are only \$5. Contact either Carolyn at: **(201) 805-6153** or Helen at: **(603) 325-0758**.



## PicklePalooza Is January 18

By Eric Shea

As Professor Hinkle (Frosty the Snowman) would say, the Pickleball courts at The Lakes have been...busy, busy busy! The Snowbirds have migrated south for the winter and there is activity on the courts from morning to night.

Recently, we've had 'Improve your Game' clinics for Newcomer/Beginner Club members on Monday mornings @ 8am. There are Open Play dates available every Mon, Wed, Fri & Sat morning beginning at 9am. For the night owls, there are Open Play dates on Mon, Tue, Thu & Sun nights @ 6pm. Tue & Thu feature 'Dink Around' play @ 9am for all skill levels.

Upcoming Member Events in 2025 include *PicklePalooza* on Sat, January 18th from 4pm-10pm which will include competition, lawn games, food and dancing. This is open to PB Club Members, family & guests. Please RSVP by Wed, January 8th.

In February (date TBA), there will be a Valentine's Day Pickleball Tournament, which proved to be a lot of fun in 2024. Come on out and see what all the craze is about! More exciting pop-up events, clinics & tournaments coming soon in 2025.



## Soiree Set The Holiday Mood

By Carolyn Hammer

The Holiday Soiree held on December 14th at 7pm set the mood for the upcoming holidays. The lights were low, the tables were configured in the shape of a Christmas tree, and a crackling fire blazed at either end of the Clubhouse.

A Champagne toast celebrated the marvelous turnout, friendship and community, and the dessert tables offered many delicious sweet treats. The Richemond Fabien Jazz Trio provided the perfect music for the lively evening by performing jazzy renditions of all the favorite holiday tunes.

It was a perfect evening for welcoming the holidays and wishing friends Peace and Joy in the New Year. Check the Lakes at Tradition Facebook and Nextdoor pages for additional event pictures.

Many thanks go to Marilyn Findley for organizing this great Circle of Friends event.



Come on out & experience a different twist on playing Bingo

**January 17th at 6:30pm  
In the Lakes Clubhouse**




**Cost: \$10.00 - Doors open 6pm, Advance tickets only**  
**Contact: Carolyn at (201) 805-6153 or  
Toni at (201) 774-3743**



**Tradition CDD**

Managed by: *SDSinc*.  
Office Phone: (772) 345-5119  
[jgallagher@sdsinc.org](mailto:jgallagher@sdsinc.org)

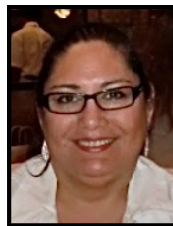
# Community Holiday Decorations

We wanted to showcase for you just a few of the many wonderful holiday decorations located within our community. Thank you to everyone who went all out in decorating your homes this past holiday season! 



## Manager's Report

Ingrid Sarmiento  
Property Manager



We would like to extend a heartfelt thank you for your kindness, consideration, and gratitude throughout the holiday season on behalf of the Lakes at Tradition office, Ingrid, Gabriella, Kevin, and the guard house staff.

We do our best to make your residence the best place to live. Even when we must enforce some rules, thank you for understanding that we are working for the benefit of the community.

Thank you for treating us like family; living and working in The Lakes is like being in a slice of paradise.

*The office will be closed:  
December 31st for 1/2 day - January 1 all day*



January 8th & 29th at 7:00pm in the Clubhouse  
Doors open at 6:30pm - Cost is \$10.00

**B I N G O**

BYOB and your favorite snack - Age 18 and older  
All Residents and their guests welcome

## - Sports -

### Women's Fall Bocce Results

By Lucille Wesnofske



Once the summer break was over, the Women's Bocce League kicked off the Fall Season in October. The courts, as indecisive as ever, were teetering between becoming refreshing swimming pools or actual bocce grounds. New squads assembled, and the competition quickly ramped up to a fever pitch.



The standings were as fickle as a cat with a laser pointer, flipping and flopping throughout the season. In the grand finale, the illustrious WKRP in Tradition team claimed the top spot, closely pursued by the formidable High Rollers.

Fear not, fans of absurdly entertaining bocce showdowns - the league will be back to boggle minds and baffle courts after the Holidays!



### Men's Fall Bocce Results

By Tom Kinirons

I wanted to thank all the Men's Bocce League players for another successful fall mini-season. The Men's League played a 14 game fall schedule (cut short by several rained out dates). In consultation with the captains of the four teams with the best records this fall season, it was decided to forgo our usual end of season playoff games. The fall season final standings were:



- Team 8, Pembroke had 11 wins & 3 losses
- Team 2, Good, Bad, Ugly had 10 wins & 4 losses
- Team 5, Rockers had 9 wins & 5 losses
- Team 3, The Gators had 8wins & 6 losses
- Team 7, Keating had 6 wins & 8 losses
- Team 6, Boccegalloups had 5 wins & 9 losses
- Team 1, The Lakers had 4 wins & 10 losses
- Team 4, The Hartwicks had 3 wins & 11 losses

We will start the new 2025 winter season on Wednesday, January 15th at 3pm with a 14-week schedule, finishing with playoffs in mid-May.



## Clubs & Classes

**Book Club** - meets Monday, January 20th in the veranda room of the Clubhouse at 7pm. This month they will be discussing: *"The Four Winds"* by Kristin Hannah. To join them, contact Lois Rosen at: [loro781@aol.com](mailto:loro781@aol.com)

**Bridge** - plays every Monday afternoon in the veranda room of the Clubhouse at 1pm.

**Canasta** - plays every Tuesday in the main room of the Clubhouse at 12pm.

**Cribbage** - plays every Tuesday afternoon at 1pm in the Clubhouse.

**Dancercise** - meets every Monday & Tuesday morning in the main room of the Clubhouse at 10am.

**Senior Exercise** - meets every Tuesday morning in the main room of the Clubhouse at 9am.

**Mah Jongg** - plays every Monday and Friday afternoon at 1pm and every Thursday evening at 6:30pm in the main room of the Clubhouse.

**Mexican Train** - plays every Wednesday afternoon in the Clubhouse veranda room at 1pm.

**Yoga** - meets every Wednesday morning in the main room of the Clubhouse at 10am.



## Outdoor Groups

**Aqua Aerobics** - class every Tuesday and Thursday morning at the Resort pool at 11:30am. To join them contact Winnie Tompkins at: [wtoppkins@ymail.com](mailto:wtoppkins@ymail.com)

**Circle Of Friends Bocce** - play Mondays at 4pm. Beginners welcome. To join them, just show up at the Bocce courts behind the Clubhouse.



### Lakes at Tradition Financial Accounts Info



Rene & Associates, PA, CPA  
550 Heritage Drive, Suite 180  
Jupiter, FL 33458 (561) 626-8876  
Email: [lathoafee@gmail.com](mailto:lathoafee@gmail.com)  
[www.rene CPA.com](http://www.rene CPA.com)

**Thought For The Day**

Life's most persistent and urgent question is: "what are you doing for others?" - Martin Luther King Jr.

# Resident Spotlight

By Carolyn Hammer

## Marjorie Flory

Master Gardener, Certified Florida Master Naturalist, St. Lucie County Hike leader and avid Audubon Birder are a few of the accomplishments Marjorie Flory has attained in her life so far. Her love for the outdoors, plants, and birds began during her childhood in Little Ferry, NJ. Marj recalls her happy childhood learning about gardening from her father and grandmother. All of nature fascinated her.

Marj took courses at Rutgers and Princeton, and graduated with a Master's Degree in Science Education, with an emphasis on Biology from Trenton State College. During the summers, she waitressed in the Catskills, and also taught swimming on the side. She made a deal with the parents of her students: she would teach their child to swim during the week they stayed at the resort, and if she was unsuccessful, they didn't have to pay her at week's end. Her many courses in swimming and water safety served her well, and every parent happily paid her.


She enjoyed sports, and played Tennis on a traveling team, and also enjoyed playing Women's Basketball. Marj taught Biology to High School students in Ewing, NJ for 25 years. She also taught Biology at Trenton Junior college.



She married and had three daughters. During that time, she became a Master Gardener through the Rutgers Extension Service, where she volunteered for 2,000 hours and taught classes. She and her family enjoyed many camping trips together.

After retirement, they moved to Arizona, and she became a docent at Tohono Chul Park, in Tuscon. Living in the foothills of the Catalina Mountains, she found a love for hiking and birding. Her husband was an amateur astronomer, and the pair traveled the world in pursuit of solar eclipses. They viewed them in Mexico, Peru, Thailand, Africa, Turkey, and Curacao, to name a few. They would stay a couple of weeks in each country, meeting people and learning about that culture. They spent each February in Maui, enjoying astronomy, boating and swimming.

After 15 years in Arizona, she moved to Florida, where she became a Certified Florida Master Naturalist. She enjoys birding trips with the SLC Audubon society, and hikes Oct-May with a hiking group. Marj served on the HOA Landscape committee for several years, and enjoys playing Mah Jongg, Cribbage, Bridge, and Bocce.

If you're interested in joining Marj on her hikes or birding trips, contact her at [\(520\) 370-8494](tel:5203708494). 

## What Is The ACC And What Does It Do?

By Lucille Wesnofske

The Architectural Control Committee (ACC) plays a key role in maintaining the aesthetic and structural standards of our community. The ACC is made up of volunteers who live in our community. The Committee reviews all proposed exterior changes to ensure they align with the guidelines established by the Homeowners Association (HOA). Here's how it works:



1. **Approval Obligation:** It is the homeowner's responsibility to obtain written approval from the HOA Board for any modifications.

2. **Application Requirement:** Before making any

modifications to your home or property, you must submit an ACC application. The deadline for an application is two weeks prior to each ACC meeting.

3. **Access to Applications:** You can find the necessary application forms on our website, [lathoa.org](http://lathoa.org)

4. **Review Process:** The ACC reviews all proposed changes to determine if they adhere to the written guidelines and community standards as outlined in our HOA documents.

5. **Meetings:** The committee convenes at 10am on the first Wednesday of each month to review applications and make approval recommendations to the Board of Directors.

This process ensures that all changes maintain the community's look and feel, preserving property values. If you're planning any modifications, make sure to get your application in first!





## TRADITION EVENTS

**Sunrise Yoga** - Held at the Tradition Gazebo every Saturday morning from 7:30 to 8:30am, this style of Yoga lends itself to teaching the postures with alignment and intention, longer holds with emphasis on breath and awareness, more than cardio or fast exercise. To register, open the January Events Calendar at [traditionfl.com](http://traditionfl.com) and click on "Sunrise Yoga."



**New Year, New Me 5K** - Run into the New Year on Sunday, January 5th, 2025 from 7:30 till 10am at Tradition Square! You can pick up your packet on race morning starting at 6:30am. Hosted by Southern Timing Foundation. To sign up, open the January Events Calendar at [traditionfl.com](http://traditionfl.com) and click on "New Year, New Me 5K."



**Breakfast In The Square** - Join Tueste Coffee Friday, January 10th and 24th from 9-11am in Tradition Square and have breakfast with friends or just grab a cup before or after your morning walk.

**Blood Drive with OneBlood** - On Monday, January 20th in Tradition Square, sign up for an appointment to donate blood and save a life. Please open the January Events Calendar at [traditionfl.com](http://traditionfl.com) and click on "Blood Drive." Donors receive a \$20 eGift card.

**Calvary 5K** - The 6th annual Calvary Stampede 5K/10K is back and better than ever at Tradition Square from 7:30 till 10am on Saturday, January 25th. To register, open the January Events Calendar at [traditionfl.com](http://traditionfl.com) and click on "Calvary 5K."



**Princess Party** - Bring the little ones to the Princess Party Friday, January 31st from 6-8pm in Tradition's Town Hall. It will be a day filled with fairytale fun, featuring meet & greets with beloved princesses. Come dressed in your best princess attire. To pre-register, open the January Events Calendar at [traditionfl.com](http://traditionfl.com) and click on "Princess Party."



## Birds of The Lakes

### Mottled Ducks

By Tom Klein

Florida Mottled ducks are a dabbling type of duck, a sub-species of the Mallard. Dabbling ducks live in shallow water with 40% of their diet consisting of insects, snails, mollusks, crayfish, and small fish. They will feed by picking items off the waters surface or just below it, tipping the tail skyward as they submerge the head and beak below waters surface.

They have mottled dark brown skin and a much paler, buff colored neck and head. They also have a very dark line thru each of their eyes, a bright yellow beak and have short, orange colored legs.



Mottled ducks are one of the most common species of duck found in Florida and are often seen in our lakes. Hawks and eagles are natural predators of Mottled ducks. Look for this species in pairs or small flocks.

They pair up before other species of ducks, generally by November. Mating season begins in January peaking in spring. Females select the nest site, not far from the water generally at the base of a shrub and build a bowl-shaped depression filled with shredded grass beneath dense overhanging vegetation.

Clutch size consists of 8-12 eggs hatching in 25 days with chicks able to leave the nest very soon after hatching.



Enjoy Zumba at Tradition's Gazebo every Saturday morning from 9-10am.

Zumba is a fitness program that is a fusion of Latin and international music along with dance themes creating a dynamic, exciting and effective workout that is sure to get your heart pumping. Classes are free.

To pre-register, open the Events Calendar at [Traditionfl.com](http://Traditionfl.com) & click on "Zumba."



**One  
Liners**

After all is said and done,  
Usually more is said than done.

# Our Favorite Recipes

Donna Bousquet's Peach & Raspberry Cobbler

- 3 cups combined of sliced peaches & raspberries or whatever fresh fruit is on hand.
- 1 tbs. freshly squeezed lemon juice
- 1/4 tsp. almond extract
- 1 cup all-purpose flour
- 1 cup sugar
- 1/2 tsp. salt
- 1 large egg, beaten
- 6 tbs. melted margarine
- Ice cream or whipped cream for topping

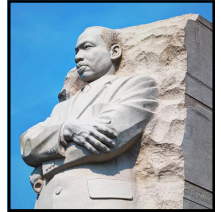
Preheat oven to 375 degrees; grease generously with butter a 10x6 inch baking dish. Sprinkle lemon juice and almond extract over fruit. In large bowl, mix flour, sugar, salt and egg to a shaggy consistency. Scatter topping over fruit. Drizzle the melted margarine evenly over the top. Bake 40-45 minutes until golden brown.



# Martin Luther King Day

January 20th is MLK Day in honor of Dr. Martin Luther King Jr. the civil rights leader. Legislation was signed by President Reagan in 1983 declaring his birthday a national holiday.

Some of his notable acts included: heading the 381 day protest against segregation in 1955, which led to the Supreme Court ruling segregation unconstitutional in 1956; organizing the March on Washington in 1963 where he gave his famous "I Have A Dream" speech to 25,000 protestors, which led to the Civil Rights Act of 1964. He then became the youngest person to receive the Nobel Peace Prize in 1964.



In 1965, he headed the Selma to Montgomery March, the success of which resulted in the Voting Rights Act of 1965.



# JANUARY 2025

May The New Year Bring Both You and Yours Health and Happiness.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 	2 Mah Jongg 6:30pm	3 Mah Jongg 1pm	4 Private Event - Life Celebration Memorial
5 	6 Dancercise 10am Bridge 1pm Mah Jongg 1pm	7 Senior Exercise 9am Dancercise 10am Canasta 12pm Cribbage 1pm	8 Facilities Com. 9am ACC Com. 10am Yoga 10am Mexican Train 1pm Bingo 6:30pm 	9 Mah Jongg 6:30pm	10 Board Workshop 10am Mah Jongg 1pm	11
12 Soup & Sociability 4pm	13 Dancercise 10am Bridge 1pm Mah Jongg 1pm	14 Senior Exercise 9am Dancercise 10am Canasta 12pm Cribbage 1pm Landscape Com. 3pm	15 Yoga 10am Mexican Train 1pm	16 Mah Jongg 6:30pm	17 Mah Jongg 1pm Musical Bingo 7pm 	18 PicklePalooza 4pm 
19	20 Dancercise 10am Bridge 1pm Mah Jongg 1pm Finance Com. 4pm Book Club 7pm 	21 Senior Exercise 9am Dancercise 10am Canasta 12pm Cribbage 1pm	22 Yoga 10am Mexican Train 1pm Board Meet. 6:30pm	23 ACC deadline noon Mah Jongg 6:30pm	24 Mah Jongg 1pm	25 
26	27 Dancercise 10am Bridge 1pm Mah Jongg 1pm	28 Senior Exercise 9am Dancercise 10am Canasta 12pm Cribbage 1pm	29 Yoga 10am Mexican Train 1pm Bingo 6:30pm 	30 Mah Jongg 6:30pm	31 Mah Jongg 1pm	